

Fit for Life Camp

	Sun 26th	Mon 27th	Tue 28th	Wed 29th	Thur 30th	Fri 1st	Sat 2nd
7:30 am		Breakfast					
8.30 am		Fit for Life	Fit for Life	Excursion	Fit for Life	Fit for Life	End of School assembly
10 am		Break / Assembly			Break / Assembly		
10.30 am		Fit for Life	Fit for Life		Fit for Life	Fit for Life	
12 am		Lunch / Cleaning			Lunch / Cleaning		
1:30 pm		Welcome to new arrivals	Fit for Life		Fit for Life	Fit for Life	
4:30 pm	Team building	Free / study time			Free / study time		
6 pm	Dinner					Int. Summer School (Theme-party)	
7:30 pm	Team building	Int. Summer School (Camp activities)					
9 pm	Refreshments						
10 pm	Retire to rooms						
11 pm	Goodnight						